

Healthy Roots Institute

COOKING  COURSES

Welcome to our Pricing collection. We'd love to create nutritiously, delicious food with you. Our Love of Food is overflowing and we're eager and always ready to create new delicious eats!



Beyond Soul Food

BASE PRICING LIST

- BRONZE** \$350.00
 - 1 Recipe, Up to 60 minutes
 - Virtual Session Offerings
 - Compliments for all skill levels
 - Package & A la carte Options
 - Customized Recipes that can meet any dietary restrictions
- SILVER** \$500.00
 - 3 Recipes, Up to 90 minutes
 - Virtual & In Person Options
 - Compliments for all skill levels
 - Package & A la carte Options
 - Hands on skills training
 - Up to 12 participants
- GOLD** \$750.00
 - 4 Recipes, Up to 120 minutes
 - Virtual & In Person Options
 - Compliments for all skill levels
 - Package & A la carte Options
 - Hands on skills training
 - Up to 20 participants

You are what you eat

BASE PRICING LIST

- BRONZE** \$500.00
 - 1 Recipe, Up to 60 minutes
 - Virtual Session Options
 - Compliments for all skill levels
 - Customized Recipes that can meet any dietary restrictions
- SILVER** \$750.00
 - 3 Recipes, Up to 90 minutes
 - Virtual Session Options
 - Compliments for all skill levels
 - Includes 1 Trio presentation
- GOLD** \$1000.00
 - 4 Recipes, Up to 120 minutes
 - Virtual Options
 - Compliments for all skill levels
 - Includes both Trio Presentations

Elixir Kitchen

BASE PRICING LIST

- BRONZE** \$750.00
 - 1 Recipe, Up to 60 minutes
 - Virtual Session Options
 - Compliments for all skill levels
 - Customized Recipes that can meet any dietary restrictions
- SILVER** \$750.00
 - 3 Recipes, Up to 90 minutes
 - Virtual Session Options
 - Compliments for all skill levels
 - Nutritional + Herbalism Recipe
- GOLD** \$1000.00
 - 4 Recipes, Up to 120 minutes
 - Virtual Options
 - Compliments for all skill levels
 - 2 Nutritional + 2 Herbalism Recipes

Interested in a cooking course that you don't see available? We offer customizable courses and would LOVE to hear your feedback. Feel free to reach us at any time by filling out a inquiry form or dropping an email to say hi! We look forward to hearing from you.